



April 2018 newsletter

General Notices

Many thanks to all our paddlers who helped out on Saturday April 21st for the Canoe Taster Session. It was a great success and was enjoyed by all. We had just over 25 people turn up and take to the water, of which the majority have signed up for our **Learn to Canoe Courses**. One or two also took a dip!

Our Learn to canoe Courses for May and June are fully booked with a maximum of 14 on each course. The July course only has a few places available.

Welcome to New Members:

Laurence Fowkes – from Bristol, experienced K1 paddler, Div. 5

Steve Grant – from Truro Canoe Club, K1 paddler, Div. 7

Louis B – from BOA - junior paddler.

Ceinwen V - from BOA - junior paddler.

Any Volunteers? We have a canoe trailer for a capacity of 9 /10 k1's. It's parked at the rear of the boat house. The trailer is in good condition, the club will pay for the servicing and upkeep of it. We need a volunteer with a 4x4 to occasionally tow it to the odd race. Towing expenses will be paid. Please let us know if you are interested in helping out.

The Committee have concerns over equipment being left outside, paddles, buoyancy aids and boats! On Sunday 22nd, late afternoon with the club premises all locked up and no one around. One of our new club Puma K1's was found left outside in front of the boat store. This is not acceptable, all members are responsible for putting away their equipment they have used.

Membership of British Canoeing is changing from this month, take a look:

https://www.britishcanoeing.org.uk/membership/join-us-online-here/?utm_source=HomePage&utm_medium=Carousel&utm_campaign=JoinRenewOnline

BOACC Hoodies, hats, and the red tee shirts for sale. See Mike.

Hoodies £27.00 – only 5 left! Sizes: Small 'S' x 3 and Large 'L' x 2

Red BOACC tee shirts £5.00 mainly small sizes.

For the BOACC racing vests, £14?? Various sizes see James Escott.

Boat storage – racking plan

Please see attached boat storage racking plan, could members please update Simon sixxx.kay@gmail.com with their boat positions, if not as shown, using the rack name (Rack A, B, C or D) and grid coordinates on the plan. For example, Simon's boats are located in Rack C, positions A1 and B2. Vicky's boat is located in Rack B, position D4.



Club Events

From May 21st the Army will be using our club facilities for their annual week long canoe training camp. Come along and join in with them.

Make a note in your diaries 30th / 1st July, our annual race weekend the Classic Bath to Bradford and Hasler Circuit Race.

Bradford-on-Avon Summer Duathlon Series 2018

Venue: Bradford on Avon Canoe Club

Dates: Saturday 12th May, 14th July and 1st September.

Time: Check in opens 8:15am

Check in Closes 8:45am

First Start 9:00am

Race Courses:

Batch A: Run 1 = 1.5km

Paddle = 10.5km

Run 2 = 6.5km

Batch B: Run 1 = 1.5km

Paddle = 7km

Run 2 = 4km

Batch C: Run 1 = 1.5km

Paddle = 3.5km

Run 2 = 1.5km

Entry Fee: £2. This will entitle you to a Coffee or Tea and a piece of cake afterwards.

Entries: Available to enter on the morning. However, in order for us to run the series on time and smoothly, it would be greatly appreciated if you could email James Escott escottboa752@gmail.com prior to the event, with your chosen course length, in order to create a pre-entry list (if you are sure you will be attending).

Prizes: Prizes will be giving for the series winners at the end of the third and final event.



Additional Information: The race will start off the water (the first run), and will be a mass start per course. Please ensure you have appropriate running shoes and paddling kit as it may be cold and/or windy/rainy. Any athletes participating from visiting clubs please ensure you bring your own boats and paddles.

Weekly Training Sessions

Now that the clocks have gone forward week day training times have changed to the following:

Monday: Paddle on the water at 5:30pm

Tuesday: Paddle on the water at 5:30pm

Wednesday: Run at 5:00pm (6km) and 5:30pm (3km), then paddle on the water at 6:00pm

Club 5km Time trial - 1st Wednesday of every month followed by food at the Lock Inn - all welcome

Thursday: Gym/Paddle at 5:30pm (at the clubhouse)

Below is the Google Docs link to the weekly training plan:

https://docs.google.com/document/d/1dVJN9_3yqalpq3X1B8AP7bCroOMpbaAODnNVIPMFqs/edit

The two club sessions are still Saturday at 9am and Wednesday at 6pm, the plan is to do some mixed ability K2 sessions on Wednesday evenings all members are welcome. For paddlers wanting to be involved in the Wednesday training sessions should be down changed and ready to take part by 5.50pm for either K2 or K1 sessions. Those members wishing to run prior to paddling should be down for 5pm for the Turleigh run and or 5.30 for the Avoncliff run.

Race/Event Reports

Duck Race Rescue

The annual Bradford on Avon duck race took place on 29 April, having been postponed from Easter Monday due to high river levels. Over 600 yellow plastic ducks were “sponsored” by the public at £1 a duck. The money raised goes towards the cost of the town’s Christmas lights. Six club volunteers were on hand to rescue the yellow plastic ducks. The ducks were released from the Town Bridge just after mid-day and drifted downstream to the finish line at McKeeper Bridge. Prizes are given for the first six ducks past the finish line and Simon Kay was responsible for catching them. The ducks had to be caught in order of crossing the finish line, but this is never easy as they tend to all arrive at once. Two floating barriers were strung across the river to prevent the ducks from getting away. This helped but was only partially effective, with probably half the ducks escaping this not-so-cunning trap. Kath Norton, Roseanne Russell, John Kent, Georgia Kay and Abbie Leighton had to work hard to chase these down, and not a single duck escaped. We all found it good fun and also good practice in handling our boats. Luckily nobody capsized as it was pretty chilly. After the event, Mayor Dave Garwood presented the prizes in Westbury Gardens. The prizes were: 1st – Spa day for two at Woolley Grange Hotel; 2nd – Family ticket to a 2018 show at St Margaret’s Hall; 3rd – Family ticket to a 2018 show at the Wiltshire Music Centre; 4th – Cream tea for two at Iford Manor; 5th – Head torch from Brown’s Hardware; 6th – Cream tea for two at Poppies Tea Rooms. All prize winners also got an Easter egg from Sainsbury’s. Many thanks to the volunteers!

Simon Kay



Exeter Marathon

Well done to everyone who raced at Exeter.

Results:

Division 2 K1 - 3rd Tom Simmons

Division 3 K1 - 1st Callum Gingell

6th John Escott

Division 4 K1 - 2nd Stephen Dixon

8th Mike Purchas

Division 6 K1 - 6th Tim Ellis

9th Simon Kay

Division 7 K1 - 6th Joe Rimmer

Division 8 K1 - 1st Alana Peake

Division 2 K2 - 1st James Escott/James Webster

2nd Stan Missen/Rob Beer

Division 7 K2 - 5th Tristan Pilkington/Matt Neal

Racing Calendar

Sunday 6th May	Worcester Assessment and Marathon race
12/13th May	National Sprint Regatta Nottingham
Sunday 20th May	Tamar Hasler South West Hasler race
Sunday 27th May	Reading circuit race
2/3rd June	National Sprint Regatta Nottingham
Sunday 10th June	Fal Hasler

Canoe Committee Members 2018/19

Mike Purchas – Commodore

Contact: mike@purchas.co.uk Tel: 07875278329

James Escott – Vice Commodore

Contact: escottboa752@gmail.com Tel: 07712675637

Vicky Knee – Canoeing Representative

Contact: vixieswallow@gmail.com Tel: 07949418395

Simon Kay – Canoeing Representative



Contact: simon@geoprize.com Tel: 07833521736

Stan Missen – Vice Chairman, BOARC main committee

Contact: Steve.Missen@monahans-fsl.co.uk Tel: 01225 862000

Derek McKeever – Membership Secretary BOARC main committee.

Contact: .derekmckeever@live.co.uk . Tel: 01225 865392

Duty rota from 12th May to 13 June 2018.

1. Normally there are 3 groups of paddlers on the water during the Wednesday and Saturday sessions. However depending on the training session groups 'A' and 'B' may be amalgamated.
 - a. **A**= Div. 1 to Div. 4 **B**= Div. 5 to Div. 7 **C**= Novice group
2. For the Saturday's sessions, John Escott has agreed to run the 'B' group. The importance of the duty rota is to ensure that we have sufficient safety cover and supervision for groups 'B' and in particular group 'C'
3. A duty rotas will be issued every four weeks and will be fairly flexible depending on availability of our coaches and paddling assistants.
4. **Note:** if you are not available for a particular paddling session please re-arrange with another member of the team and highlight it on the list on the notice board. Thanks.
5. 9 sub-groups on a four week rotation.

Day	Date	Duty coach and assistants.	Contact details
Saturday	12 May.	Mike Purchas (duty coach) Kath Nelson	01225 862000
Wednesday	16 May.	Stan Missen (duty coach) Tim	01225 862000
Saturday	19 May	Simon Kay (duty coach) Vicky (duty coach)	01225 8621736
Wednesday	23 May	Nigel Upton (duty coach) Roseanna	01225 8621736
Saturday	26 May	Tom Simmons Harry Stevens (Junior racing coach)	01225 8621736



Wednesday	30 May	Andrew L... (duty coach)	
		Ben L...	
Saturday	2 June	John Kern (duty coach)	01753 2100100
		Bo S... / Graham R...	
Wednesday	6 June	Club Time Trial	
Saturday	9 June	James Escott (Senior racing coach)	01753 2100100
		Connor W...	
Wednesday	13 June	Andy Phillips (duty coach)	
		Ben M...	