



February 2018 newsletter

General Notices

It's your last opportunity to forward me your mileage log for the **British Canoeing Winter Challenge** running from the 1st December to 28th February, so far we have logged 1,366 miles, (see above spreadsheet) logged by 9 regular paddlers, and James Escott tops the list with 341 mile logged. I know we can do better. If you have been recording your mileage please let me know as soon as possible so that I can forward the results onto BC. mike@purchas.co.uk

DW- James Escott and Connor Peters On Saturday 31st March, club member James and Connor from Longbridge CC will embark on the gruesome 125 mile Devizes to Westminster Canoe Race. Most of you will know what this means but for those that don't, it is an annual international race starting on the Kennet & Avon canal at Devizes and finishing on the River Thames under Westminster Bridge James and Conner will be competing in the Senior Men's K2 race, racing straight through the night and will finish early on Sunday morning.

Rob Beer club member will be taking in the Senior Men's K1, which is a staged event over four days starting on Friday 30th March. Rob will also be motivated in taking part by raising money for the Dementia UK charity which provide families support to care for their loved ones. This is a great cause, please help Rob in raising money by visiting his just giving page: <https://www.justgiving.com/fundraising/robbeer3> We wish all our paddlers taking part the very best and good luck. You can track their progress during the race. For further information visit: <http://dwrace.co.uk/>

A note for your diaries and book up the UK Banff Mountain Film Festival World Tour being screened on the 25th April and 26th April at the Komedin in Bath

The 2018 Banff Tour film programmes include a collection of the latest and best films from the world's most prestigious mountain film festival. Giving you the chance to journey across the globe to experience real-life tales of struggle and exhilaration as our adventurers pit themselves against the extreme elements, gravity and their own fears in pursuit of adventure! Including three inspiring **Canoeing and kayaking** adventures. With spectacular cinematography shot in remote locations, these are inspiring nights out that shouldn't be missed! For further details speak with Mike or Stan.

https://www.banff-uk.com/films?mc_cid=694d9bcad2&mc_eid=ed9d704659

Duty rota please see the last page of this newsletter for the February/March 2018 duty rota.

News update from British Canoeing membership changes please see the link.

https://www.britishcanoeing.org.uk/membership/membership-relaunch/?utm_source=HomePage&utm_medium=C&utm_campaign=MembershipRelaunch

Please help we need a one or two volunteers to help round up the ducks On Easter Monday for the annual Bradford on Avon Duck Race, 12 noon from the Town Bridge. Please let either Simon or Mike know.



BOACC Hoodies, hats, and the red tee shirts for sale. See Mike.

Hoodies £27.00 – only 5 left! Sizes: Small 'S' x 3 and Large 'L' x 2

Fleece Hats only two left! £5.00 – Size S/M

Red BOACC tee shirts £5.00 mainly small sizes.

For the BOACC racing vests, £14?? Various sizes see James Escott.

Welcome to new members

Tom Simmons – ex BOA member, an elite paddler and level 2 coach.

Barney Kelliher – Junior

Greg Stewart – Senior, has some experience of kayaking.

Max Stewart – Junior.

Weekly Training Sessions

Winter training

Tuesday - Circuit training - St. Laurence school **6pm-7pm LAST SESSION: 20th March**

Wednesday - 6pm - Paddling session **for experienced paddlers**

Saturday 9am - All welcome Please make sure you have enough warm kit for the weather conditions.

Sunday 9am - Staverton session - usually mixed K2's

Clocks go forward on Sunday 25th March. Wednesday evening paddles for all will begin on 28th March.

Monthly 5km

In April we will once again start the monthly 5km time trial. This will be held instead on the club session on every first Wednesday of the month, unless otherwise stated, starting on 4th April. These will run as before with the first start at 6pm. Any questions please discuss with James Escott.

Saturday Training Groups

Starting in April John Escott has agreed to run a “middle” training group with a view to improve the link between the beginner group and the “top” group. This group will follow a similar format and training programme as the top group but will be aimed at divisions 5-7. We would like to encourage all those wish to race and improve to join this group if in the specified divisions.

The sessions would run every Saturday morning at 9am as follows:

Beginner/Novice group: Divisions 8-9 run as per current rota

Intermediate group: Divisions 5-7 run by John Escott

Racing Group: Divisions 1-4 Run by James Escott/ Tom Simmons



Depending on numbers and the success of the groups we would then look to add an additional session on Wednesday evenings at 6pm. Although this could also become a mixed K2 session which is really beneficial for newer paddlers.

We are going to sit down soon and sort out a training programme which we can pin up on the board which groups can then tweak depending on their ability.

Any questions please speak to Tom Simmons or James Escott

Race Reports

Waterside B

Sunday 18th saw the 2nd race in this years Waterside Series, an 18 mile race starting in Newbury and finishing in Newbury with a turn at Aldermaston Wharf. This year saw relatively good weather however with a low level of water in the canal it was still tough going. Bradford had 4 boats entered with the following results:

Richard Lewis & Stan Missen 2nd K2 Veteran

Mike Purchas & Nigel Unwin 7th K2 Veteran

James Escott 2nd K1 Senior

Rob Beer 6th Senior K1

Well done to all those who raced.

Thameside 2

Sunday 25th saw the 2nd and final race of the Thameside series, and 18 mile race starting at Reading Canoe Club and finishing at Longridge Canoe Club in Marlow. With horrendously cold conditions and a very cold headwind the whole way down the course, it was a very tough race and congratulations to anybody who finished. It will be a race that fingers and toes will remember for a while. Bradford were once again well represented with 3 boats entered, the results were as follows:

Rob Beer 2nd Senior K1

Richard Lewis & Callum Gingell 1st Junior/Vet K2

James Escott & Connor Peters 5th Senior K2



Racing Calendar

Hi all

As previous participants in the annual AVCC River Axe Race we would like to inform you that this year's race will be held on Sunday the 11th March, comprising a fun race down the Axe from Whitford Bridge to the club. Hopefully this year the weather will be kinder to us!

We typically have 100 boats of all types from around the South West canoe clubs and you can paddle in canoe, sea kayak, river kayak, Sit-on, SUP, etc. We have separated out classes for White Water Racers (Wavehoppers), Sit-ons, SUPs, and Surf Skis this year (rather than having them combined with other types). Refreshments are provided after the race at the prize giving.

All the details are on the AVCC website

(<http://www.axevalecc.co.uk/Events/River-Axe-Race/river-axe-race.htm>) so please have a look and enter the race again this year - entry is now available via the links to WebCollect (as we used last year).

Thanks

Colin

Please speak with John Kent or Stan for their knowledge of the course. Over stern rudders are really needed.

Sunday 4th March	Waterside C
Sunday 11th March	Axe Race
Sunday 18th March	Waterside D
30th March - 2nd April	Devizes to Westminster
Sunday 22nd April	Exe Hasler Race, Exeter First South West Hasler race
Sunday 29th April	South West Schools Championships Exeter

Canoe Committee Members 2017/18

Mike Purchas – Commodore

Contact: mike@purchas.co.uk Tel: 07875278329

James Escott – Vice Commodore

Contact: escottboa752@gmail.com Tel: 07712675637

Vicky Knee – Canoeing Representative

Contact: vixieswallow@gmail.com Tel: 07949418395



Simon Kay – Canoeing Representative

Contact: simon@geoprize.com Tel: 07833521736

Stan Missen – Vice Chairman, BOARC main committee

Contact: Steve.Missen@monahans-fsl.co.uk Tel: 01225 862000

Derek McKeever – Membership Secretary BOARC main committee.

Contact: .derekmckeever@live.co.uk . Tel: 01225 865392

Duty rota March 2018.

1. Normally there are 3 groups of paddlers on the water during the Saturday sessions. However depending on the training session groups 'A' and 'B' may be amalgamated.
 - a. **A**= Div. 2 to Div. 5 **B**= Div. 6 to Div. 9 **C**= Junior / Novice group
2. The importance of the duty rota is to ensure that we have sufficient safety cover and supervision of groups '**B**' and in particular group 'C'
3. A duty rotas will be issued every four weeks and will be fairly flexible depending on availability of our coaches and paddling assistants.
4. **Note:** if you are not available for a particular paddling session please re-arrange with another member of the team and highlight it on the list on the notice board. Thanks.
5. 8 sub-groups on a four and 8 week rotation.